

**Renewing Spiritual Practice**  
**Introduction to Mussar**  
**Facilitated by David Kleinman**

Dates TBA

Mussar is a practice from Jewish tradition that helps us to look at our lives as opportunities for spiritual and ethical development. We explore personal qualities (middot), such as patience, compassion, and generosity. We address those that need balancing in our lives so we can become more whole, both for our own growth and for the betterment of our world. The goal is to live a more conscious and conscientious life; in short, to become more of a "mensch" (Yiddish for a person of integrity and honor).

This class will meet twice monthly, teaching Mussar through text study, discussion, writing, sharing reflections, and more. Dates and times are to be determined with group participants. We will focus on the following middot:

Humility/Anavah; Simplicity/Histapkut; Strength/Gevurah; Alacrity/Zerizut

Email David Kleinman ([David.kleinman9@gmail.com](mailto:David.kleinman9@gmail.com)) if you are interested in participating in the class.

**Reimagining Jewish Law**  
**Today's Ten Commandments**  
**Rabbi David Widzer**



Three sessions, Thursdays, October 28, and November 4 and 11, 7:30 p.m. (in-person at TBS and online)

Sure, it was tough to climb all the way up Mount Sinai. And getting the Ten Commandments was pretty cool. But Moses didn't have to live in today's world! What would Moses or God tell us are the important things we need to know today? How do we apply Jewish values to real life situations? How might we reimagine the Ten Commandments for today?



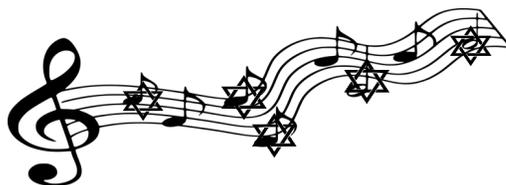
**Yom Kippur Programs**

**Renewing TBS Members' Connections**

**Origin Stories: Discovering Communal Ancestry**  
**Jacob and Frank Kohn**

Thursday, September 16, 2:30-3:30 p.m.  
(in-person at TBS and online)

TBS members' families come from all over the world, as we discovered at last year's presentation. Join us this year as we present information on our families' journeys as compiled in a new format.



**Renewing Musically**  
**Musical Meditations**

Thursday, September 16, 3:30 p.m.  
(prerecorded and played for those at TBS and online)

The Skittles Trio (Susan Sandler, clarinet; Patti Reid, viola; and Dr. Susan Kohn, piano) and Vivian Podgainski (cello), recorded traditional Jewish and Yiddish music

reflective of the High Holy Days. Selections include Adon Olam (Melody from the Isle of Djerba); Eli, Eli; Nachamu/Comfort Us; Papirosen and Shalom Aleichem; and more.



L.I.F.E.'s



L.I.F.E.

**(Learning is for Everyone)**

**2021-2022 / 5782**

**In-person and online learning**

## Reimagining Leadership

Scouts, Trailblazers, Pathfinders, Explorers:

### A History of Women in the Rabbinate

Rabbi David Widzer and Rabbi Amy Perlin

Four sessions, Thursdays, January 13, 20, and 27, and February 3, 7:30 p.m. (in-person at TBS and online)

This year marks the 50<sup>th</sup> anniversary of the ordination of Sally Priesand, the first woman publicly ordained as a rabbi. Her groundbreaking ordination, which opened the door for subsequent generations of women, was preceded by the impactful lives of other, lesser-known female scholars and community leaders. In this four-session series, we will spotlight a few of the significant women from the 1500s to the early modern period, who held quasi-rabbinic status in

their communities; compare and contrast the ordinations of Rabbis Sally Priesand and Regina Jonas (who? come find out!); explore the challenges faced by the first generation of women in the rabbinate; and reflect on how women's leadership has changed the rabbinate and the Jewish community as a whole. We will utilize the new curriculum from the Women's Rabbinic Network and the lived experiences of our Founding Rabbi Emerita Amy Perlin.



## Returning to our Judaic Past

### Exploring Modern Prophets

Miles Roger

Three sessions, Mondays, March 14, 21, and 28, 7:00 p.m. (in-person at TBS and online)

The prophetic writings found in the Bible typically consist of warnings for the Jewish people because they are not following the *mitzvot* (commandments). Yet the lessons taught by prophets are timeless and can help us explore how to aid in the work of *tikkun olam* (repairing the world). In this class, we will explore how prophetic teachings are relevant for our time and learn about modern Jewish heroes exemplifying prophetic values.

## Returning to Tradition

### A Taste of Judaism®

Rabbi David Widzer

Three sessions, Thursdays, May 5, 12, and 19, 7:30 p.m. (in-person at TBS and online)



A Taste of Judaism® makes it easy to explore Judaism. This three-session class has no course books, no homework, and assumes no previous knowledge about Judaism. Ideal for those who are curious and for those who'd like a refresher, the class will explore God and spirituality, Torah and Jewish values, and Jewish community. Rabbi Widzer will teach this class sponsored by the Union for Reform Judaism.



## Reimagining Friendship and Peace

### Film and Discussion: *Stranger/Sister*

Co-Presented by the L.I.F.E. and Tzedek Committees

Sunday, October 10 at 7:30 p.m. (online)

*Stranger/Sister* is a documentary that focuses on the bond between two women – one Muslim and one Jewish – and their efforts to counter the alarming increase in hate, prejudice, and intolerance against minorities in the US by building bridges between Jewish and Muslim women. The film also follows women from Sisterhood of Salaam Shalom chapters throughout the US. Several TBS members are members of this organization, which has a mission “to build trust, respect, and relationships between American and Canadian Muslim and Jewish women and teenage girls.” Come watch the film, then enjoy a panel discussion featuring Kristen Kelly, the film’s director and senior producer, and Atiya Aftab, co-founder and board chair of Sisterhood of Salaam Shalom, as well as Sisterhood/TBS members.

## Renewing with our Community

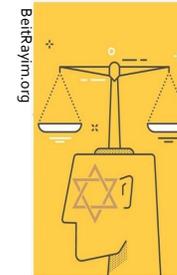
### Lunch and Learn:

### A Code of Jewish Ethics

Rabbi David Widzer

Four sessions, Wednesdays every other week, October 27, November 10 and 24, and December 8, 12:00 p.m. (in-person at TBS and online)

How are we supposed to act in the world? What governs how we behave? Rabbi Joseph Telushkin has compiled centuries of Jewish ethical teachings from Torah, Talmud, commentaries, and contemporary anecdotes into an easily accessible text, titled *A Code of Jewish Ethics, Volume 1: You Shall Be Holy*. For each “Lunch and Learn” session, we will explore a topic of Jewish ethics in Rabbi Telushkin’s book.



## Renewing our Commitments

### Guest Speaker Presentation:

Meredith R. Weisel, ADL

Co-Presented by the L.I.F.E.

and Tzedek Committees

Date TBA (in-person at TBS and online)

Join us for an important discussion on understanding and responding to antisemitism and extremism led by Meredith R. Weisel, senior associate regional director at the ADL Washington, D.C. Regional Office. She will discuss the recent trends in antisemitism, including ADL’s 2020 Audit of Antisemitic Incidents.

