



## Yom Kippur Programs September 25, 2023

**12:00-1:00pm**

### Meet the Prophets

The Prophets of our people's past gave us the verses we read as Haftarah on Shabbat. They often contained great teachings about repentance. Come meet the Prophets and hear their message of returning to God and to our truest selves.

**2:00-3:00pm**

### Being *Shomrei Adamah* – Guardians of the Earth

Join in a reflective conversation about Judaism and our responsibilities to the natural world. We'll also take a short walking tour of the plantings and native species around TBS.

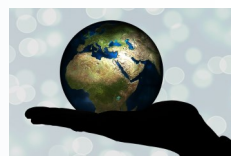
**3:30-4:15pm**

### Musical Meditations

Dr. Susan Kohn, piano; Patti Reid, viola; and Susan Sandler, clarinet lead us into the closing services with Jewish music reflective of the High Holy Days.

## Exciting Special Guest Educators

**Caring for God's Creation:  
Interfaith Learning with  
Abiding Presence Church  
Wednesdays, 7:30-9:00pm  
Jan 10, 17, 24**



Join Pastor Keseley, Abiding Presence Lutheran Church, and Rabbi Widzer for a three-session class exploring environmental concerns from a religious perspective. Learn what Judaism and Christianity tell us about our responsibility to care for all of creation. Deepen the connection between our two communities as we study this important topic together.

**Scholars-in-Residence, A Shabbat Like No Other!  
March 1-3, 2024**

Cantor Ellen Dreskin is a gifted educator, worship leader, musician, consultant, and Spiritual Director. Rabbi Billy Dreskin is a master teacher, composer, and recently-retired congregational rabbi (after 35 years!). Together they bring great wisdom, deep knowledge, heartfelt passion, and abundant joy. Join in a fantastic weekend of experiencing, learning, and enjoying Shabbat in a multitude of ways!

-----  
**All sessions will be in-person unless otherwise specified. Hybrid learning may be available for some classes. Any questions, please email Jennifer Eichel at [jrteichel@gmail.com](mailto:jrteichel@gmail.com).**

If you require an accommodation to participate, email [inclusion@tbs-online.org](mailto:inclusion@tbs-online.org), or Sharon Klein, Executive Director, at [Sharon@tbs-online.org](mailto:Sharon@tbs-online.org), or call the TBS office at 703-764-2901.

**TBS LIFE COMMITTEE  
Learning Is For Everyone!  
2023-2024 / 5784  
In-Person &  
Online Learning**

**Stop the World;  
I Want to Shabbat!**



**Join us throughout the year  
as we explore the topic of  
Shabbat.**

**TBS**  
Temple B'nai Shalom

## Multi-Session Classes

### Lunch and Learn: Abraham Joshua Heschel's *The Sabbath*

Wednesdays, Bi-weekly, 12:00-1:00pm  
Starting Oct 18 - ONLINE ONLY

What is Shabbat? What can it mean in our lives today? Rabbi Abraham Joshua Heschel's classic text, *The Sabbath*, explores the spiritual depths of Shabbat, bringing his rabbinic insights to our modern world. At each Lunch and Learn session, we will read and discuss a chapter of Heschel's teachings.

### Making Shabbat Super Fun!

Sunday, Oct 22, 10:00-11:00am

There are so many great ways to do Shabbat! Shabbat is not one-size-fits-all, but can be personalized for you and your family. Come learn a variety of ways to create a meaningful, engaging, fun Shabbat experience in your own home.

### Challah Braiding

Thursday, Oct 26, 7:30-9:00pm  
ONLINE ONLY

Of all the senses engaged while preparing for Shabbat, nothing is as sweet as the smell of fresh baked challah. Whether you are an occasional challah baker or never baked challah before, learn several techniques for challah braiding and have a fresh loaf of challah ready for Shabbat. This session will focus specifically on braiding; participants must have dough pre-made.\*

\*Recipe and video instructions provided.

### Introduction to Torah Cantillation

Wednesdays, 7:00-8:15pm

Oct 11, 18, 25, Nov 1, Nov 8, Nov 15

Dating back over 1,000 years, the art of Torah cantillation has helped the community understand the meaning of Torah through music. During this six-week course, learn the basics of Torah cantillation so you, too, can chant Torah. Ability to read Hebrew is required; knowledge of musical notation is helpful.



### Beginning Hebrew

Mondays, 7:00pm-8:00pm

Starting October 16 for 12 sessions

Have you wanted to learn the Hebrew Alphabet, but never had the chance? Do you remember some Hebrew letters, but not all and want a refresher? Learn the Hebrew Alphabet as the first step to learning Modern Hebrew or how to read prayers in their original language. Deborah Coblenz will take you through learning the Hebrew alphabet, a few letters at a time. By the end of the 12 sessions, you will be able to read Hebrew and know some basic Hebrew vocabulary.  
**\$150 for 12 sessions including materials.**

### Beginning Mussar

Starting in November, 7:00-8:30pm

Wednesdays, Every Other Week

Looking for a Jewish practice for personal and spiritual growth? David Kleinman will facilitate a *Mussar* (virtue-based ethics) class that might be just what you are looking for.

### Shabbat in the Arts

Thursdays, 7:30-9:00pm

Nov 30, Dec 7, Dec 14

Shabbat is a time for joy, for rest, for sacred time, and for community. All of these have been expressed through Jewish poetry, music, art, and dance. Come explore (and maybe even create!) Shabbat through the creative arts. No artistic ability required or presumed!

### Text Beyond Torah

Wednesdays, 7:00-8:30pm

Feb 7, 14, 21

The diversity of "sacred text" goes beyond the Torah, yet these important sources do not tend to get the same recognition as Torah. In this course, we will explore other sacred texts, including the Hebrew Bible beyond Torah, Talmud, and more. Learn about these sacred texts and how they influence our understanding and practice of Judaism today.

### Shabbat Meals from Around the World

Wednesdays, 7:00-8:15pm

April 3 and 10

Every Jewish community celebrates Shabbat in its own way. Learn about Shabbat traditions and join in two nights of cooking, eating, food, and fun, featuring Shabbat dishes from around the world.

